



yoga with zack

CLASSES • WORKSHOPS • RETREATS

# Fall 2011 Class Schedule

*Effective September 12 to December 11, 2011*

SUNDAY	8:30 A.M.
MONDAY	8:00 A.M.
TUESDAY	5:30 P.M.
WEDNESDAY*	8:00 A.M.
THURSDAY	(NO CLASS)
FRIDAY	8:00 A.M.
SATURDAY	(NO CLASS)

yogawithzack.com  
zack@yogawithzack.com  
508.349.2429



Classes are at **Quiet Mind Studio** in Wellfleet, except for the \*Wednesday class, which is at **The Life Center** in Orleans.

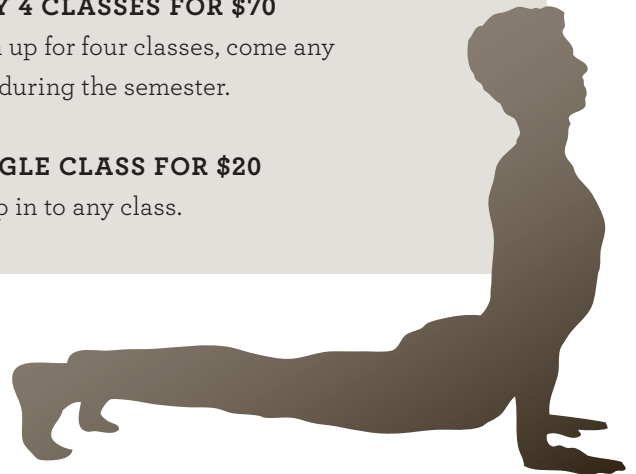
## Payment options for your yoga classes:

### **ANY 4 CLASSES FOR \$70**

Sign up for four classes, come any day during the semester.

### **SINGLE CLASS FOR \$20**

Drop in to any class.



Iyengar Yoga Certified Instructor